

XPRESS

SPORTS TRAINING

Waiver of Liability, Release Assumption of Risk and Indemnifying Agreement

For and in consideration of participant's registration with *XPRESS* Sports Training and being allowed to participate the parent(s) and/or legal guardian(s) of participants relinquish any and all liability for and cause of action for personal injury, property damage or wrongful death occurring to participant arising out of participation in *XPRESS* Sports Training. By this agreement any such claims, rights and causes of action that participant may have are hereby relinquished and the participant (or parent(s)/guardian(s)) does (do) so on behalf of my/our and participant's heirs, executives, administrators and assigns.

It is the purpose of this agreement to exempt, waive and relieve releases from liability for personal injury, property damage, and wrongful death caused by negligence, including the negligence, if any, of release.

"Releases" include *XPRESS* Sports Training, owners and operators of the premises used to conduct the sports training activities.

Participant and/or participant's parent(s)/guardian(s) acknowledge that they have been provided and have read the above paragraphs and have not relied upon any representations of releases, that they are fully advised of the potential dangers of *XPRESS* Sports Training and understand these waivers and releases are necessary to allow Sports Training facilities to exist in its present form.

PARTICIPANT SIGNATURE

Age: _____ Date Signed: _____

PARENT or GUARDIAN SIGNATURE
(if participant is 17 years of age or younger)

Date Signed: _____